

Behavioral Health Care



Access to convenient, confidential, and quality treatment by phone or video.

With Behavioral Health Care, members have access to the quality care they need without the obstacles of conventional in-office options. Members speak with board-certified psychiatrists, licensed psychologists, or licensed therapists conveniently by phone or video from wherever they feel most comfortable. Members can book appointments with ease and build ongoing relationships with mental health professionals of their choice—all without having to travel to or wait at the provider's office. Behavioral Health Care covers a spectrum of conditions through a single point of entry, giving patients access to a robust suite of services at their fingertips and helping them get on with their lives.

Access

Members have access to high-quality virtual care for a wide variety of behavioral issues.

Utilization

Teladoc's proven engagement efforts connect with members in their time of need and drive utilization.

Effective results

More than 75% of members with depression or anxiety reported improvement after their third or fourth virtual care visit.

16M

Americans live with major depression

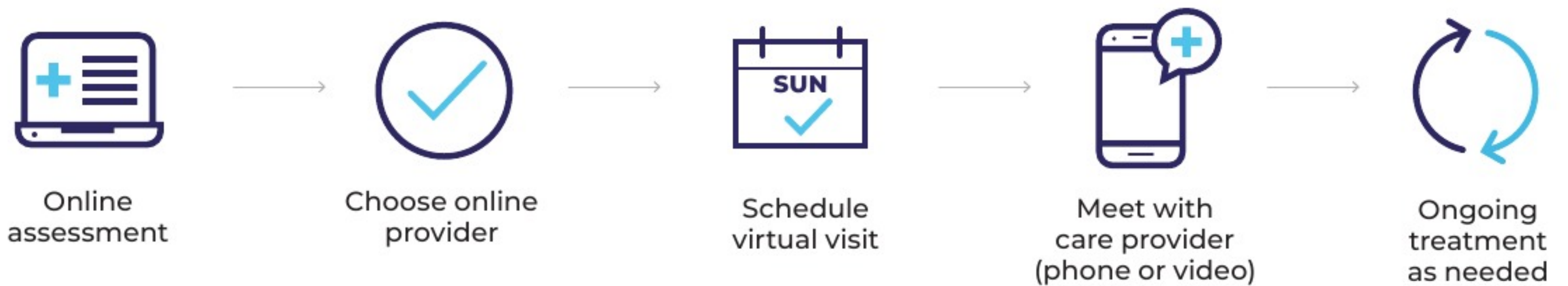
70%

of behavioral health patients have a medical comorbidity

\$201B

spent annually on behavioral health in the U.S.

How Behavioral Health Care works



Common conditions treated

- Anxiety
- Depression
- PTSD
- Stress
- Panic disorder
- Family/marriage issues
- Grief
- Eating disorders
- Substance abuse
- Trauma resolution
- Work pressures
- ADHD

“My experience was seamless—I scheduled an appointment through the Teladoc app, the therapist was right on time, and I was able to have my session without ever leaving work! What I loved most was that I was able to see the same therapist throughout my care. What a great service!” **Emma S., health plan member**



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About Teladoc Health

Teladoc Health is the global virtual care leader, helping millions of people resolve their healthcare needs with confidence. Together with our clients and partners, we are continually modernizing the healthcare experience and making high-quality healthcare a reality for more people and organizations around the world.